

PSM 2020 (Marrow V4)

Integrated Management and Handling Protocol for Students (IMHPS)

PSM - Marrow 2020 version (edition 4- v4) was planned with regard to four main concerns:

Exhaustive and conceptual content	More topics discussed (with respect to latest edition of PARK textbook)
Updated content	esp. for national health programs, health stats for India and world
MCQ oriented with Discussions	MCQ TAD done with few topics
Ease of access	Proper labelling of video content

The lectures are divided into Chapters, followed by modules.

Note: The standard recommendation is to refresh and follow V4, without doubt, as PSM is ever dynamic subject. *(even while I am making this document, there may be some changes/updates in the programs, or disease epidemiology)*

This document is only to help students and under NO circumstances is intended to recommend students to prefer V3 (Marrow version 3- year 2019) over V4 (Marrow Version 4 – year 2020), which by efforts and planning has been revised and currected to help students prepare for the UG and PG entrance Exams.

READ ME FIRST

We can divide the students into broad three categories based on preparation status:

1. Category 1: New student to Marrow videos
2. Category 2: Previously studied student from Marrow – UG student
3. Category 3: Previously studied student from Marrow – post MBBS PG Aspirant and/or any other

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TRANSITION FROM PSM V3 TO PSM V4 (YEAR 2020)

The changes/updates maybe classified into three sections

Section 1: Theme: the updates are minimal, content is restructured

Chapters which have been Reframed in v4 with content labelling and PARK pattern is followed for ease of access:

- Concept of health and disease – reframed
- Infectious disease (basic epidemiology) covered with concepts of health and disease
- Disinfection is done with Waste management
- ICD – 11 is covered in module #3 – Concept of control and health indicators
- Death certificates are covered in demography with survey techniques

Recommendation for SECTION 1 chapters:

Category	Suggestion #1	Suggestion #2(extra advice)
1	Start ahead with V4... the World is yours to discover	
2	Refresh using V4	2x speed if desired
3	Retain with v3 if appearing for mid year 2020 exams.	-

Section #2 Theme: the updates are minimal, content is restructured

Chapters with more or less consistent data with upgraded content and/or pedagogic methodology:

- Epidemiology (*with new changes, refer to section 3)
- Screening
- Biostats
- Demography (new module on new contraception methods, NFPP)
- Nutrition
- Environment (water topic has been revised and upgraded)
- Biomedical waste management and disinfection (teaching method is changed)

Recommendation for Section 2 chapters:

Category	Suggestion #1	Suggestion #2(extra advice)
1	Start ahead with V4... the World is yours to discover	
2	Retain with v3 if appearing for exams very soon in 1-2 months.	Recommend studying the new added modules in respective chapters
3	Retain with v3 if appearing for mid-year 2020 exams.	Recommend studying the new added modules in respective chapters

(revised approach to topic with different method of teaching... so, if previously done, may stick to the previous module... if doing this topic from start – recommend watching v4 module)

For Easy revision of students who have already completed preparing for Community Medicine from the MARROW PSM version V3, **high yield MCQ discussion topics are included for following chapters:**

(maybe used for rapid summary and revision of the previously completed chapter)

- Epidemiology
- Demography
- Screening
- Biostats

Section #3: Theme: New content added with updates and new data

Chapters (or modules) with new data, or major change in content and/or New Modules in V4 – MOST IMPORTANT / MAJOR CHANGES

- History of medicine (new chapter)
- Epidemiology*
 - o Concept of epidemiology and descriptive epidemiology (module #7)
 - o Experimental study design (module #10)
- Epidemiology of Communicable disease –
 - o new modules are added for other infections not covered in previous v3. So, student should compare the left-out topics from earlier version and do the new added selected topics from v4
 - o specific revision in module of Rabies, Tetanus, rickettsia, plague, yellow fever
- National health programs
 - o RNTCP – revision in management
 - o Leprosy revised management
 - o KA, LF – upgraded content – potential MCQ area
 - o NPSP – upgraded
 - o NACP - Upgraded
 - o NHP – latest programs (new module)
 - o NMHP and NHP 2017
 - o burn injury, NPCDCCS, (module #51) – revised
- MCH – Preventive obs, peds, ger'tc
 - o social pediatrics (new module)
 - o RMNCH+A revised (suggest to just revise in 2x speed – if time crunch)
 - o MCH related schemes – high yield potential MCQ
 - o Preventive geriatrics – new module
- Social medicine
- Occupational health
- Communication for health education
- Primary health care, MDG, SDG
- Health planning and management
- International health
- Epidemiology of Non-CD – revised module with more content
- newer contraception (module 53 in demography)



Recommendation for sections 3 chapters:

Category	Suggestion #1	Suggestion #2(extra advice)
1	Start ahead with V4... the World is yours to discover	
2	Re-View the chapter in V4	in 2x speed if desired
3	Re-View the chapter in V4	in 2x speed if desired

(revised and upgraded content – Recommend viewing by all (in 2x speed for those who did v3)

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For all other chapters/modules, the student who has completed V3, may stay with V3 and just re-do the section 3 as shown in the above document.

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