

Dr. Mukhmohit Singh

MBBS, MD, PGDip.Diab.
mRSSDI, mIPHA, mIAPSM
ERS 2012, Gold Sp. Award

PSM Thoughts, and beyond..

PSM is lovely branch.. only if you like the subject - The only "FIVE STAR" branch in medicine -

It has various branches as

1. epidemiology, biostatistics and research
2. communicable and NCD, health planning and policies
3. acts and legislations in India
4. occupational health, environmental health
5. Sociology, Communication

Grossly, PSM would suit to medical college, that's what 90% of MD PSM people do..

other areas are:

1. You can work with WHO, UNICEF, CARE or international agencies.. the initial phase is tough.. but if u get the chance,... its worth it...
2. You can always work with state government as epidemiologist under various national health programs
3. You can open your own clinic/nursing home... as you are always a doctor by heart and soul..
4. Few pharma companies also open jobs for PSM people as epidemiologist and clinical trials consultants
5. opening NGO's later in life is also good option, as u know in and out about health programs, their uses and bottlenecks
6. few hospitals also prefer MD PSM people with experience to work in hospital administrative posts - thanks to hospital administration, health care management and health planning chapters incorporated in our curriculum
- 7.

The big advantage:

1. working time is limited to the day.. no night calls, no night duties all through ur life..
 2. its comparatively fresh branch.. as there is new data every day.. u need to be updated... keeps you young..!
 3. it involves extensive use of computer, software and data management... something, all doctors will envy. as they see only patients day and night
 4. it involves understanding research and data analysis.. again no other branch doctor can do it... what i mean to say is.. if u study medicine, paediatrics and path and skin ...and few other subjects overlap... u know what other also know, now u may land up in competition... in PSM.. nothing of this sort.. u know what others don't have an idea about.. p-values, confidence limits, regressions, Hawthorne bias, vial monitors, ESI laws, factories act, PCPNDT act, air quality parameters, maternal health legal aspects, laws, health care planning, holistic patient management and much much more..
 5. I consider PSM person as - "THE ULTIMATE DOCTOR" - they have the knowledge of physio, pathology, microbiology, medicine, surgery, paediatrics, OBG.. what else can u dream of... (i know it could be superficial, but at the end of the day... no one stops you from gaining more...).
- PSM actually helps you in treating the patient more holistically, treating more of the patient, than the disease.. treating the cause than the symptoms, nurturing roots than the stem..

The other side:

1. u can't explain to a layman, what specialisation you've done...
2. involves teaching and communication skills.. you need to be ready for that
3. involves extensive travelling and field jobs.. be ready

Remember:

There's always a difference between

Just BEING "A" DOCTOR... and BEING "A BETTER" DOCTOR.

Join me on Facebook: Facebook @ mukhmohitdr